

## MTSS Tier II Interventions 2022

Process:

- Commons staff (i.e. School Counselor, AP, etc) talks with students and their parents/guardians about concerns and recommended support. Parent/Guardian consent is gained for potential Tier II support.
- Student completes the [Student Input Form](#) (pre-screener)
- Discuss students at the Commons meetings, so the Commons representatives are able to speak about concerns, actions already taken, and goals of the referral during a SIRT meeting
- Student concerns and referrals initiated by teachers, including through 9th grade team meetings, are discussed in Commons meetings prior to SIRT referral
- Complete the [SIRT referral form](#) indicating concerns and the recommended support
- SIRT team meets every two weeks to review referrals and make recommendations.
  - Grades, attendance, input from the Commons, previous interventions (i.e. parent/teacher meetings, student meetings, etc), 504/special ed status, etc. are part of the team discussions
- The counselor, as well as anyone else with a recommended action, will receive a copy of the SIRT team recommendations form after the meeting
- Recommendations are implemented and the student is followed-up with by individuals indicated on the SIRT recommendation form

<b>Intervention</b>	<b>Description/Purpose</b>	<b>Grade level</b>	<b>Q3 offerings</b>
CICO	- 5-minute check-in at the start and end of each school day - Social-behavioral intervention with a mentor to promote improved engagement with peers and adults	Mostly 9th and 10th (11th & 12th as appropriate)	Ongoing
Academic Seminar	-Quarter class, 45 min, .25 credit -Attendance/participation required for credit. P/F- no GPA weight -Organizational, self-management skills, tracking progress and work completion. -Adult/peer connections, stress management, utilizing resources, communication, and tracking progress - Takes the place of a study hall	Mostly 9th and 10th (some 11th if appropriate)	4A, 6A, and 8A
Ready Seminar	-Quarter class, 90 min, .25 credit -Attendance/participation required for credit. P/F- no GPA weight -Problem-solving and reasoning skills -Collaborative and cooperative work -Transition from school to work (knowledge, attitudes, skills) -Connecting individual qualities and education to post-secondary -Takes the place of a study hall	Mostly 10th and 11th	Period 7
SAP	Social-emotional support. Individualized and group counseling for various concerns, including but not limited to: - healthy boundaries and self-esteem - stress reduction, anxiety, and depression - mental health support: healthy habits & self-care - new to CHS and looking for peer connections - impacts of drug/alcohol use by self, friends, or family - substance-free lifestyle support for those in recovery	Any	Ongoing and rotational schedule
SSET	-One quarter, 45 min., no credit -Group counseling -includes techniques for anxiety/nervousness, withdrawal/isolation, low mood, acting out, impulsive/risky behavior -Students will miss class time weekly to attend	Mostly 9th (some 10th if appropriate)	Thursdays 3A and 5A
CBITS	-One quarter, 45 min, no credit -Group counseling for students who experienced significant traumatic experiences and suffer from emotional or behavioral problems such as PTSD, depression, and/or anxiety. -Students will miss class time weekly to attend	Mostly 9th (some 10th if appropriate)	No current groups
Second Start	-Alternative High School setting	Any	
Other	If someone needs academic or social/emotional support but can't fit into one of the offered periods, please refer them to SIRT anyway and we can brainstorm some options.	Any	

Additional supports provided to students who are accessing Tier II interventions on an as needed basis:

Study groups	<ul style="list-style-type: none"> <li>-Ongoing, 45min, no credit</li> <li>-informal academic support</li> <li>-drop-ins welcome (I will update their attendance in PS when they arrive so they aren't marked absent from study hall)</li> </ul>	Any	<ul style="list-style-type: none"> <li>- Mondays 5A</li> <li>- Thursdays 7A</li> </ul>
Lunch groups	<ul style="list-style-type: none"> <li>-Ongoing, 30 min., no credit</li> <li>-informal social/emotional support</li> <li>-peer connections</li> <li>-drop-ins welcome</li> </ul>	Any	<ul style="list-style-type: none"> <li>- Mondays 5C</li> <li>- Tuesdays 6C</li> </ul>